

# **The Spirit Moves: Dance in Worship**

**Saturday 1:30 - 3:00 p.m.**

**This workshop is open to everyone age 15 and up, all genders, whatever your background.**

**We will explore how movement and dance can enhance a worship experience. Only movement and action that is completely comfortable and satisfying to each participant will be involved.**

**Please attend to explore a new mode of personal expression.**